Opioid agonist therapy (OAT) is evidence-based treatment for opioid use disorder, often using medications like buprenorphine or methadone. OAT decreases the risk of overdose death and improves pregnancy outcomes.

Surveying OAT providers in 4 Appalachian states in 2017 revealed

- 91% of opioid treatment programs accepted pregnant patients
- 53% of buprenorphine providers accepted pregnant patients

Only 1/2 of providers accepted any insurance.

Wait times: >2x longer for pregnant women with insurance than for those paying cash.

Percentage of OAT providers accepting Medicaid, Private Insurance, & Cash:
- WV: 100%
- NC: 50%
- KY: 0%
- TN: 0%

Recommendations:
- Train OBs & other providers to prescribe buprenorphine
- Enhance reimbursement rates to improve insurance acceptance